

Archive: Races

97. 2015 November

Bislett International Indoor Endurance Festival 48 Hour Race, Norway
315.565km/196.083 miles 3rd man overall (M60 1st and World M60 Indoor record)

96. 2015 September

Sri Chinmoy 24 Hour track, Tooting Bec, London
189.485km/117.74 miles 3rd man (M60 1st)

95. 2015 August

La Ultra The High, Ladakh, Indian Kashmir, India.
World's Highest Ultramarathon
Enforced, involuntary DNF at final check point. 277 km/172 miles.

94. 2015 May

Balaton 6 Day Road, Hungary
603.037kms/374.71 miles 21st (M60 3rd)

93. 2015 March

Barry 40 Mile track race
5:47:35 10th overall (M60 1st)

92. 2014 June 15th – August 6th

Sri Chinmoy Self Transcendence 3100 Mile Road, New York
50 Day 15:06:04 6th man, First ever over 60 to finish

91. 2014 February 14-16

Taipei 48 Hour Road
251.17km/156.07 miles 14th

90. 2013/2014 December 28/January 2nd

"Across the Years" 6 Day Road, Phoenix, USA
761.470kms/473.16 miles 4th

89. 2013 November 16-24

No Finish Line 8 Day Road, Monaco
858.695km/533.57 miles 2nd

88. 2013 August 11-17

British UltraFest 6 Day Track, Abingdon
829.972kms/515.720 miles 2nd

87. 2013 May 8-14

Balaton 6 Day Road, Hungary
755.20km/469.26 miles 5th

86. 2012 November 17-25
No Finish Line 8 Day Road, Monaco
1019.712 km / 633.62 miles 2nd

85. 2012 August 24-26
Skovde 48 Hour Track, Sweden
303.70km /188.71 miles 5th

84. 2012 April
Sri Chinmoy 6 Day Road, New York
741.91 km/461 miles 3rd

83. 2012 February
Evreux 48 Hour Treadmill Challenge, France
240.06km/149.16 miles 5th

82. 2011 November
No Finish Line 8 Day Road, Monaco
1002.290kms/622.80 miles **WINNER (17)**

81. 2011 September 25th
Commonwealth 24 Hour Championships Road, Llandudno
157.269km/97.72 miles 22nd

80. 2011 July 15-17
Cologne 48 Hour World Cup Track, Germany
334.65km/ 207.941 miles **WINNER (16)**

79. 2011 May
Balaton 6 Day Road, Hungary
834.134km/518.31 **WINNER (15)**

78. 2011 April 3rd
Crawley 12 Hour Track
113.420 kms/70.48 miles 4th

77. 2010 December 2-4
Evreux 48 Hour Indoor, France
326.565 km/ 202.919 miles 2nd

76. 2010 October
Royan 48 Hour Road, France
320.96kms/199.44 miles 5th

75. 2010 September
Perth UltraFest 24 Hour Road
119.2 miles/191.781km 5th

74. 2010 March 15th-31st
Athens 1000 Mile World Cup
13:20:08:01 2nd

73. 2010 January 30-31
Espoo 24 Hour Indoor, Finland
175.95kms/ 109.33 miles

72. 2009 September 17-18
Commonwealth 24 Hour Championships, Keswick
214.006 km/ 132.98 miles 13th

71. 2009 July
Hull 24 Hour Track Race
187.428km **WINNER (14)** (male)

70. 2009 April 3-10
Athens 7 Day Road
805Km/500.20 miles **WINNER (13)**

69. 2008/2009 December 29th – Jan 1st
"Across the Years" 72 Hour Road
433.50kms/269.36 miles **WINNER (12)**

68. 2008 October 18-19
Sri Chinmoy 24 Hour Track
200.49 kms/124.58 miles

67. 2008 September 13-14
Perth 24 Hour Road
201.69kms/125.326 miles 2nd

66. 2008 June 29th-July 5th
Hamm 6 Day Track
857.07km/532.56 miles **WINNER (11)**

65. 2008 May 16-18
Surgeres 48 Hour Track
340.797km/211.7 miles 5th

64. 2008 March 27-28
Athens 24 Hour Road
190km/118.06 miles

63. 2007 November 17-25
No Finish Line 6 Day Road
809.23kms/502.83 miles **WINNER (10)**

62. 2007 September 28-29
Spartathlon
29:01:29 9th

61. 2007 July 22-23
Worschach 24 Hour Road
216.443km/134.49 miles 3rd

60. 2007 May 7-8
Basel 24 Hour Road
187.635km/116.59 miles 17th

59. 2007 March 16-18
Brno 48 Hour Indoor
344.267kms/213.92 miles

58. 2006 November 18-26
No Finish Line 6 Day Road
770.247kms/478.61 miles **WINNER (9)**

57. 2006 October 15-16
Sri Chinmoy 24 Hour, Tooting
176.87km/109.9 miles 14th

56. 2006 July 24-26
Badwater/Death Valley 135 Miles Road, USA
31:36:12 7th

55. 2006 May 26-27
Apeldoorn 24 Hour Road
149.92kms/93.16 miles

54. 2006 March 24-26
Brno 48 Hour Indoor
264.250kms/164.20 miles

53. 2005 November 26-27
No Finish Line 24 Hour Road
165.00 kms/102.526 miles 5th

52. 2005 September 30th-October 1st
Spartathlon
33:14 37th

51. 2005 July 19-20
Worschach 24 Hour Road
146km/90.72 miles

50. 2005 May 8th
Basel 24 Hour Road
118kms/73miles

49. 2004/5 December 31st-1st
"Across the Years" 24 Hour, Phoenix, Arizona
219.50km/136.39 miles **WINNER (8)**

48. 2004 September
IAU World & European 24 Hour Championships, Brno
214.628kms/133.36 miles

47. 2004 August 7th
Devil O' the Highlands 43 Mile Trail
6:37:06 2nd

46. 2004 May
Apeldoorn 24 Hour Road
216.314km/134.411 miles

45. 2004 May 7-8
Basel 24 Hour Road
116.470kms/72.37 miles

44. 2004 March 19-21
Brno 48 Hour Indoor
211.632kms/131.50 miles

43. 2003 October 11-13
1st World Challenge 24 Hour Road, Holland
204.814kms/127.27 miles 66th

42. 2003 August 23rd
Two Bridges 35 Miles 498 Yards Road
4:07:30

41. 2003 July 11-13
Sri Chinmoy 48 Hour Road, Cologne
254.757kms/158.30 miles

40. 2003 May 3-4
Basel 24 Hour Road
218.70km/135.89 miles

39. 2003 March 2nd
Barry 40 Mile Track
4:41:40 4th

38. 2002 November 30th-December 1st
World 24 Hour Treadmill Record Attempt
100 miles: 21:31 & 24 Hours: 182.08kms/112.46 miles
both Guinness World Records

37. 2002 RRC 100 Miles Track Race, Crystal Palace
15:17:47 3rd

36. 2002 September 14th
Winschoten 100km
7:51:11

35. 2002 July 12-13
Sri Chinmoy 24 Hour Road Cologne
188.294kms/117.00 miles

34. 2001 August 4-5
Boston Games 12 Hour Track, Sheffield
141.46kms/87.90 miles **WINNER (7)**

33. 2001 May
European 24 Hour Championships Road, Holland
200.599kms/124.65 miles 33rd

32. 2001 April 28th
George Littlewood 6 Hour Track, Sheffield
76.01kms/47.23 miles

31. 2001 March 3-4
IAU Asia Cup Soochow 24 Hour track, Taipei
188.60km/117.20 miles

30. 2000 October 21-22
European 24 Hour road Championships, Holland
159.144km/98.88 miles

29. 2000 July 9th
Anglo-Celtic Plate 100km, Edinburgh
8:51:39

28. 2000 May
Apeldoorn 24 Hour Road
DNF 95km?

27. 2000 May 13-14
Basel 24 Hour
246.704km/153.30 miles **WINNER (6)**

26. 2000 April 16th
Speyside Way 50km trail
3:26:54 2nd

25. 1999 December 1st-2nd
24 Hour Cyber Race versus Toronto, Canada
224.388kms/139.40 miles **WINNER (5)**

24. 1999 September 25th-26th
IAU European 24 Hour Individual Track Challenge, Verona, Italy
172.326km DNF injury

1999 August 8th
13th World Veterans Athletics Championships Marathon, Gateshead
2:56:51 M45 17th

23. 1999 July 18th
British 100km Championships, Edinburgh
7:32:19 **WINNER (4)**

22. 1999 June 19th
Anglo-Celtic Plate 100km, Dublin
7:32:40 4th overall

21. 1999 May 15th
World 100km Championships
7:30:53 45th

20. 1999 April 11th
Speyside Way 50km trail
3:30:04 5th

19. 1998 November 7-8
Niort 24 Hour Road
240.291km/149.30 miles

18. 1998 October 18th
World 100km Championships, Japan
7:46:26 22nd

17. 1998 September 12th
Masters World 100km Championships, Winschoten
7:16:24 M40 **WINNER (3)**

16. 1998 June 19th
European 100km Championships, Belgium
7:21:31 27th

15. 1998 May 10th

British 100km Championships, Greenwich

7:26:33 2nd

14. 1998 March 29th

Alloa Half Marathon

1:14:59 26th

13. 1997 November 19th

100km Track Time Trial, Jarrow (Post Cancer Radiotherapy)

7:08:21

12. 1997 September

World 100km, Winschoten

7:27:56 46th (Post cancer surgery)

11. 1997 May 31st

European 100km Championships

7:44:59 20th

10. 1996 October 12th-13th

Sri Chinmoy 24 Hour track, Tooting

202.55kms/125 miles 1510 yds **WINNER (2)**

9. 1996 August 25th

European 100km Championships

7:31:46

8. 1996 June 21-22

Night of Vlanders 100km, Belgium

7:07:49

7. 1996 May 4th

World 100km, Moscow (GB debut)

7:19:11 25th

1996 April 21st

London Marathon

2:49:48 443rd (Training run prior to World 100km)

6. 1995 September 16th

World 100km, Winschoten

7:17:39

5. 1995 July 30th

Scottish 100km Championships

7:28:18 2nd

4. 1995 May 21st
Robin Hood 100km
7:32:09 3rd

1995 April
London Marathon
2:38:17 251st

3. 1994 October 2nd
London to Brighton 55 Miles
6:37:58 M40 1st

2. 1994 July 31st
Scottish 100km Championships
8:01:10 **WINNER (1)**

1. 1994 May 30th
IOM TT 40 Mile
First Ultra 4:29:57 2nd

1994 April 17th
London Marathon
2:42:19 471st

1993 October
Flying Fox Marathon
2:39:13 M40 3rd

1993 July 18th
Luton Marathon
2:39:49 7th

1993 April 18th
London Marathon
2:44:02 482nd

1992 October 31st
Black Isle Marathon
2:53:46 12th place

1992 August 23rd
Great Scottish Run Half Marathon
1:22:52 249th

1992 June 14th
Hoy Half Marathon
1:26:39

1981 May 10th

First Marathon

Birmingham People's Marathon

2:43:49 54th place